Certified Nursing Assistant Test

Electronic Signature Click here to enter text. Date Click here to enter text.

Fill in the words to correctly match the meanings.

1. Click here to enter text. Nothing by mouth
2. Click here to enter text. Liquid watery stools
3. Click here to enter text. Able to walk
4. Click here to enter text. Inability to control bladder and bowels
5. Click here to enter text. Bathroom privileges
6. Click here to enter text. Bedsore or pressure sore
7. Click here to enter text. Tendency to vomit
8. Click here to enter text. Incapable of responding to stimuli
9. Click here to enter text. Toward the back or rear
10. Click here to enter text. Exercise to prevent contractures

Word Choices

Posterior

Incontinent

Ambulatory

Decubitus

ROM

BRP

Nausea

NPO

Unconscious

Dehydration

Diarrhea

True or False

1. Each Certified Nursing Assistant is responsible for charting on each client/patient they serve for that particular shift. Choose an item.
2. As a Certified Nursing Assistant, I must always wash my hands before starting for my client/patient. Choose an item.
3. It is not okay to accept and or borrow items from the client/patient. Choose an item.
4. It is okay to tell your client’s/patient’s your own personal problems. Choose an item.
5. Before transferring a client/patient from the bed to a wheelchair, it is always necessary to lock the wheelchair brakes. Choose an item.
6. Milk would be an appropriate fluid to give to a client/patient on a clear liquid diet. Choose an item.
7. Telling a client/patient what you are going to do before you do it is not a good idea because it arouses fear. Choose an item.
8. Decubitus ulcers, or bedsores, can start to develop when a client/patient sits or lies in one position for several hours. Choose an item.
9. When lifting heavy objects, carry them as far away from the body as possible. Choose an item.
10. Never try a procedure that you are not trained or authorized to do. Choose an item.
11. You should never use your thumb to take a pulse since the thumb has its own strong pulse. Choose an item.
12. Never cut a client’s/patient’s toenails. Choose an item.
13. When performing pericare always wipe front to back. Choose an item.
14. Foley catheter drainage bags must be kept below the level of the bladder at all times. Choose an item.

Multiple Choice Questions

1. Charting should reflect:
   1. Your thoughts and ideas
   2. The care plan
   3. What the other CNA told me
   4. What the client/patient told me to do

Choose an item.

1. What is your understanding of confidentiality?
   1. Not discussing anything about a client to anyone except the agency
   2. Answering questions from family and friends
   3. Answering questions from concerned neighbors
   4. All of the above

Choose an item.

1. What would you do if the client/patient gives you a $5.00 tip?
   1. Accept it, you deserve it
   2. Tell the client/patient it is against company policy to accept gifts
   3. Take the money and give it to charity
   4. Accept it and report it to your supervisor

Choose an item.

1. Your care won’t start. What is the appropriate action?
   1. Call the client/patient and tell them you are not coming
   2. Notify the office immediately
   3. Don’t go
   4. Call a mechanic

Choose an item.

1. What are good sources of fiber?
   1. Whole wheat bread, nuts, and bran cereal
   2. Jell-O, soda, and water
   3. Milk, ice cream, and yogurt
   4. Wool, cotton, and polyester

Choose an item.

1. In order to prevent bedsores you should:
   1. Turn the client/patient from side to side every 2 hours while in bed
   2. Place pillows around the client/patient so that the client/patient is not disturbed
   3. Place plastic over the sheets to absorb moisture
   4. Keep the client/patient flat on his/her back at all times

Choose an item.

1. The simplest, most effective practice used in eliminating the spread of infection is:
   1. Keeping the client/patient in isolation
   2. Wearing a gown over your uniform while caring for the client/patient
   3. Careful hand washing before and after caring for a client/patient
   4. None of the above

Choose an item.

1. Normal vital signs are:
   1. T 98.9 (oral); Pulse 120; Respirations 16
   2. T 98.5 (oral); Pulse 72; Respirations 20
   3. T 97.6 (oral); Pulse 50; Respirations 18
   4. T 99.9 (oral); Pulse 96; Respirations 36

Choose an item.

1. Which of the following is not a responsibility of the Certified Nursing Assistant?
   1. Assisting the client/patient in prescribed daily exercises
   2. Encouraging the client/patient to be self-reliant within his/her limitations
   3. Preparing and serving meals to the client/patient in accordance with special physician prescribed diets
   4. Changing the procedures in client’s/patient’s care plan

Choose an item.

1. If a client/patient has difficulty breathing in which position should the patient be placed?
   1. Sitting upright
   2. Lying face down (prone)
   3. Sitting with the head between the legs
   4. Lying face up

Choose an item.

1. Which action by the Certified Nursing Assistant is essential before assisting a client/patient to walk about the house?
   1. Vacuum the floors the client/patient will walk on
   2. Check that the client/patient has shoes on and that they are secure on his/her feet
   3. Ask the client/patient how long he/she wants to walk
   4. Instruct the client/patient to take long, slow steps

Choose an item.

1. To reduce the chance of infection, when should you wash your hands?
   1. After blowing your nose
   2. Before handling food
   3. After using the bathroom
   4. All of the above
2. Mr. Brown is hard of hearing. How should the Certified Nursing Assistant communicate to him?
   1. Speak in higher pitch tones
   2. Shout into Mr. Brown’s ear
   3. Stand directly in front of Mr. Brown so he can see you speak
   4. Whisper

Choose an item.

1. The Certified Nursing Assistant finds Mrs. Jameson lying in bed and notices that her skin is reddish in color, and she has a temperature. What should the Certified Nursing Assistant do?
   1. Continue to do her duties
   2. Report Mrs. Jameson’s conditions and note it in her medical record
   3. Open the window
   4. Nothing

Choose an item.

1. In which type of diet is sugar eliminated?
   1. Bland
   2. Low sodium
   3. Diabetic
   4. Low fat

Choose an item.

1. Which of these behaviors by a Certified Nursing Assistant is an example of good listening skills?
   1. Waiting while the client/patient is talking
   2. Gazing at a wrist watch during the client’s/patient’s conversation
   3. Nodding frequently in response to the client/patient
   4. Looking away from the client/patient

Choose an item.

1. When moving a client/patient who is receiving oxygen from the bed to a chair which is five feet from the client’s/patient’s bed, a Certified Nursing Assistant notices that the client/patient is getting short of breath. Which of these actions should the Certified Nursing Assistant take first?
   1. Allow the client/patient to rest
   2. Tell the client/patient to take deep breaths
   3. Place the client/patient flat on the bed
   4. Increase the flow rate of the oxygen

Choose an item.

1. A client/patient becomes very anxious during range-of-motion activity. A Certified Nursing Assistant should stop the range-of-motion activity by saying:
   1. Tell me what is bother you
   2. Calm down now
   3. Relax, everything is fine
   4. Be patient; we are almost done

Choose an item.

1. A care plan for a client/patient who has a fractured right hip states, “non-weight bearing”. The Certified Nursing Assistant should know that the client/patient should:
   1. Not put any weight on the right leg
   2. Place weight evenly on both legs
   3. Avoid weight bearing on both legs
   4. Not place weight on the left leg

Choose an item.

1. In a burning building, it is best to breathe air near a room’s:
   1. Inner walls
   2. Floor
   3. Window
   4. Door

Choose an item.

1. It is important in the care of a child to:
   1. Allow the mother to perform the personal care
   2. Have the mother leave during care
   3. Incorporate play into the child’s care
   4. Exclude the child’s siblings from the room

Choose an item.

1. In caring for the elderly the Certified Nursing Assistant should realize that aging affects:
   1. Mobility
   2. Circulation
   3. Skin
   4. All body systems

Choose an item.

1. Changes in bone structure in the elderly include:
   1. Bones becomes more brittle
   2. Joints become more mobile
   3. Bone density increases
   4. None of the above

Choose an item.

1. Generally, aging skin should be cared for by the Certified Nursing Assistant by:
   1. Daily baths
   2. Applying petroleum jelly
   3. Using baby oil in bath water
   4. Bathing the patient in the tub or shower only 2-3 times per week

Choose an item.