Certified Nursing Assistant (CNA) Skills Checklist

Electronic Signature Click here to enter text. Date Click here to enter text.

Rank each skill to correspond with your level of experience.

1. No experience
2. Minimal experience—requires supervision/assistance
3. Moderately experienced—requires initial review, then performs independently
4. Very experienced—proficient
5. Activities of Daily Living

Perform complete bed bath Choose an item.

Assist with tub bath Choose an item.

Assist with shower Choose an item.

Change bed (occupied) Choose an item.

Change bed (unoccupied) Choose an item.

Perform skin care Choose an item.

Perform passive range of motion Choose an item.

Feeding patient Choose an item.

Assist with ambulation Choose an item.

Perform foot care Choose an item.

Perform decubitus care Choose an item.

Turning/positioning patient Choose an item.

Shampoo-bedridden patient Choose an item.

Shave patient Choose an item.

Perform oral hygiene Choose an item.

Orient patient Choose an item.

Assist with gait training Choose an item.

1. Infection Control

Knowledgeable of universal precautions Choose an item.

Knowledgeable of waste disposal Choose an item.

Knowledgeable of disposal of sharps Choose an item.

Cleaning of Equipment Choose an item.

Care of the patient in respiratory isolation Choose an item.

Care of the patient in reverse isolation Choose an item.

1. Observations/Identify

Choking patient Choose an item.

Care of the patient with respiratory distress Choose an item.

Management of patient with cardio-pulmonary arrest Choose an item.

Management of patient with altered mental status Choose an item.

Abnormal vital signs Choose an item.

Assess need for pain relief Choose an item.

Assess need for restraints Choose an item.

Assess need for sedation Choose an item.

1. Body Mechanics/Transfers

Lifting and pulling Choose an item.

Transfer to chair Choose an item.

Turning patient and positioning of patient Choose an item.

Transfer patient to wheelchair Choose an item.

Transfer patient to and from toilet Choose an item.

Transfer patient to and from gurney Choose an item.

1. Restraints

Application and management of soft limb restraints Choose an item.

Application and management of leather restraints Choose an item.

Application and management of Posey restraints Choose an item.

Observation of patient in restraints Choose an item.

Documentation Choose an item.

Knowledgeable of safety guidelines Choose an item.

1. Equipment

Thermometers (glass & electronic) Choose an item.

Bed scale Choose an item.

Stand up scale Choose an item.

Blood pressure cuff (manuel/electronic) Choose an item.

Humidifiers Choose an item.

Heating pad Choose an item.

Hoyer lift Choose an item.

Application of TED hose Choose an item.

Oxygen cannula Choose an item.

Oxygen tent Choose an item.

Heat lamp Choose an item.

1. Vital Signs

Assess temperature (oral/rectal) Choose an item.

Assess pulse Choose an item.

Assess blood pressure (cuff/electric) Choose an item.

Assess respiration Choose an item.

Knowledgeable of normal vital signs (Pediatrics) Choose an item.

1. Specimen Collection

Sputum specimen Choose an item.

Urine: clean voided/midstream Choose an item.

24 hour urine specimen Choose an item.

Urine for specific gravity Choose an item.

Urine culture Choose an item.

Foley catheter specimen Choose an item.

Stool specimen Choose an item.

Stool hemocult Choose an item.

Stool ova/parasite Choose an item.

1. Procedures

Perform sitz bath Choose an item.

Perform oral care Choose an item.

Perform catheterization Choose an item.

Administer tap water/saline enema Choose an item.

Administer oil retention enema Choose an item.

Administer soap suds enema Choose an item.

Perform post-mortem care Choose an item.

Perform wet to dry dressings Choose an item.

Perform dressing changes Choose an item.

Perform ostomy care Choose an item.

Perform Gastrostomy tube feeding Choose an item.

Admissions/Discharges procedure Choose an item.

Perform oral suctioning Choose an item.

1. Communication/ Documentation

Report on assigned patients Choose an item.

Report change in patient’s condition Choose an item.

Chart care given Choose an item.

Record vital signs Choose an item.